



ENRICHMENT



ENRICHMENT
AT KING ED'S



WHAT IS ENRICHMENT?

At King Ed's, enrichment is a big part of your experience. It's your chance to try new things, meet people, and take a break from your usual lessons.

- **Learn New Skills:** build confidence and try something different
- **Have fun and enjoy new experiences:** discover what you like (and what you don't!)
- **Meet new people:** make friends and feel part of a community
- **Do something positive:** take part in activities that make you feel good
- **Stay active:** improve your wellbeing and boost your mood

Enrichment is about helping you grow, explore your interests, and get the most out of your time at college.

DO I HAVE TO SIGN UP FOR ENRICHMENT?

All Year 12 students take part in enrichment — up to 20 hours across the year.

Some college activities can count towards your enrichment hours, including:

- Drama production (Autumn term)
- Sports teams
- Dance production
- Music groups (choir, orchestra, etc.)
- DofE (Spring term)
- Operation Wallacea (Spring term)
- ASPIRE (Spring term)

(These count if you've auditioned, completed a trial, or are officially signed up.)

Important:

Regular attendance matters. If you miss sessions repeatedly, it may lead to an intervention — so make sure you stay engaged and make the most of it!



CHOOSING YOUR ENRICHMENT?

Sign up for enrichment will open during the Freshers' Fayre using a Microsoft Form, where you'll select three options you'd like to be considered for.

- Choose three different enrichments
- You can only pick one premium enrichment (these are highlighted in this guide and on the portal with a badge 🗣️)
- Places are randomly allocated, so there's no need to rush
- Some clubs require pre-registration, come along to the Mixer on the 9th September to do this

If you pre-registered for an enrichment at the Mixer, we'll let you know before the Freshers' Fayre if you've been successful.

If you miss the form, don't worry – you'll be automatically allocated to a club.

Take some time to explore your options (there are over 60 to choose from!) and think about what you'd enjoy most – whether that's trying something new or building on an existing interest.

“It's the best enrichment ever” – Amazing”

“It's been really fulfilling for me to meet like minded people and bond over the shared passion of queer representation in film/tv”

“It has been positive as a break from the work we do in college.”

“I felt safe and comfortable and it supported my well being a lot”

REMEMBER

- Attendance is monitored; Enrichment is **NOT** optional!
- Some Enrichment's ask for a double term / full year commitment
- Think carefully about your choice as changes will **ONLY** be accommodated in **EXTREME** circumstances.



ACADEMIC AND CAREER ENRICHMENT



COLLEGE NEWSPAPER

Thinking about ways to expand your mind?

Established three years ago, The Campus Collective is your student newspaper — a space to have your voice heard and report on what matters to you.

You could be writing about news (local or national), sport, lifestyle, politics, or sharing your own perspectives and opinions.

In Year 13, you'll also have the opportunity to take on an editor role and help lead the newspaper, shaping its direction and supporting other student writers.

Writing for the Campus Collective can help you:

- Gain work experience and build your portfolio
- Learn to write / hone your writing skills
- Take on responsibility
- Learn time management
- Make new friends
- Build connections at college and in the community
- Build confidence
- Looks great on your CV

The paper isn't just for people who are interested in journalism, if you are interested in, editing or proof reading, marketing or social media we encourage you to register.

Through our partnership with the Young Reporter Scheme, three students each year get the chance to publish their work in real, live online newspapers.

If you want to join the newspaper, please complete the expression of interest on the college portal impact or complete our registration form using [this link](#).



CLASSICS COURTROOM

Step into the courtroom and put figures, events, and controversies from the ancient world on trial. Working in prosecution and defence teams, you'll research the evidence, build persuasive arguments, and present your case in a mock trial. A student jury will then weigh up the facts and deliver the final verdict.

No previous knowledge of Classics or Law is needed, just a willingness to debate, think critically, and have fun exploring the ancient world.

PSYCHOLOGY OF WEIRD THINGS

Why do people believe in ghosts, aliens, conspiracy theories, or psychic powers—even when there's no solid evidence? Are some of our strangest beliefs actually more common than we think? In this fascinating and thought-provoking enrichment, we'll dive into the weird side of psychology.

Explore how our brains can trick us through cognitive biases, social influences, and perceptual errors.

Each week we'll uncover the science behind the supernatural, the bizarre, and the downright irrational. Expect lively discussion, surprising insights, and plenty to make you question what you think you know!

ECON FORUM

A reading and discussion group for students interested in the big ideas shaping our world. Each week, we'll explore current news stories, economic trends, and global issues—digging into topics at the intersection of economics, politics, finance, management, and international relations.

Perfect for students considering university study in these areas.

HISTORY AND ARCHIVE CLUB

Step back in time and explore the story of King Edward's through real archive material, some dating back nearly 600 years.

In this club, you'll get hands-on experience working with original documents and records, covering everything from academic life and student experiences to sport, drama, and historic maps. You'll also have the opportunity to carry out your own research, working independently or in small groups to uncover and record different aspects of the college's history.

Perfect for anyone with an interest in history, research, or discovering the stories behind the college you're part of.

**TUESDAY
CLUB**

MONDAY CLUB

BAR MOCK

The Bar Mock Trial is a mooting competition. Students prepare to perform roles in two fictional cases. Parts include barristers, solicitors, defendant, witnesses, court staff, court reporter and even court artist. The enrichment sessions are for weekly practice leading to a competition against other schools and colleges, who will take the other side of the case.

A judge will decide the winner and runners up, usually at the Birmingham Crown Court on a Saturday in December

To be considered for a place please email pinkeyben.chumber@kedst.ac.uk

FOCUS CLUB

A calm, quiet space for students who prefer to use their enrichment time to study, revise, or complete coursework. Whether you're preparing for exams or just want a dedicated time to concentrate, this is the perfect environment to stay on track without distractions. No pressure, no noise—just time to focus on your goals.



THE CTRL ROOM – CREATE. TEST. REDESIGN. LEARN

Develop your problem-solving, creativity, and programming skills through fun, hands-on challenges. We'll explore how code can be used to tackle real-life problems—all in a relaxed, friendly environment (with biscuits provided!).

Whether you're just starting out or already have some experience, this enrichment is a great place to learn, experiment, and build your confidence with coding.

Everyone welcome!



**TUESDAY
CLUB**

THE DRONE PROJECT

This course is a hands-on introduction to building, flying, and customising drones. You'll learn how drones work, how to control and navigate them, and get practical experience building your own using key components and tools.

You'll also explore basic drone programming using Python, before taking part in some drone racing challenges at the end of the course.

By the end, you'll have a solid understanding of how drones are built and operated, along with the key safety rules around using them.

No experience is needed — just bring yourself and get stuck in!





MEDSOC

Interested in a future in medicine or healthcare? MedSoc is a supportive, student-led enrichment designed to give you a real insight into medical careers and the journey to get there.

Each session will explore key areas such as different medical specialties, current “hot topics” from medical news and journals, and the wide range of pathways into medicine. You’ll also receive guidance on work experience, volunteering, and how to build strong extracurricular and supercurricular profiles.

With opportunities to hear from guest speakers through Medentors, as well as advice on applying strategically to university, this enrichment is ideal for anyone considering a career in medicine.

**MON & WED
CLUB**



TUESDAY CLUB

DENTSOC

Interested in a future in dentistry or curious about what it involves?

DentSoc is a supportive, student-led enrichment designed to give you a real insight into the world of dental careers.

Each session will explore different aspects of dentistry, from understanding dental procedures and patient care to discussing real-life scenarios and the skills needed to succeed. You’ll have opportunities to take part in group discussions, practical-style activities, and learn more about pathways into dentistry, including applications and work experience.

Whether you’re seriously considering dentistry or just want to find out more, this is a great opportunity to build your knowledge, develop relevant skills, and connect with others who share your interests.



HOLOCAUST EDUCATION PROGRAMME

This 8-week enrichment course offers students a powerful opportunity to deepen their understanding of the Holocaust and its lasting significance. Through historical study, survivor testimony and thoughtful discussion, students will explore the ethical, sociological, political and psychological dimensions of the Holocaust, while also contributing to in-college events that promote remembrance and education.

Students on the programme will also be invited to apply for the Holocaust Educational Trust's Lessons from Auschwitz Project in the Spring term of Year 12, with the opportunity to take part in a 4-day visit to Poland in the Summer term.



THE PLOT THICKENS

A space for students who enjoy reading and want to discover new books, authors, and ideas.

Through shared reading, recommendations and discussion, you'll explore a wide range of genres and perspectives beyond those studied in lessons.

Whether you're an avid reader or simply looking to read more, this enrichment offers the opportunity to broaden your horizons, share your thoughts with others, and develop a deeper appreciation of literature and the world around you.

PHILOSOPHY READING GROUP

Ever wondered about the meaning of life, morality, politics, or how we know what's true?

Explore some of life's biggest questions through discussion, short readings, and examples from films and popular media.

No previous experience is needed—just curiosity, a willingness to think, and an interest in seeing the world from different perspectives. Perfect for anyone who enjoys debating ideas and exploring the deeper meanings behind the stories we watch and read.



PRE-REGISTRATION REQUIRED

UCAT

The University Clinical Aptitude Test (UCAT) is an admissions test, used by a consortium of UK and International Universities to help select applicants for their medical and dental degree programmes. It provides you with an opportunity to stand out from other applicants and demonstrate your aptitude for a demanding programme of study. The enrichment offered by the college helps students prepare for the online test.



Requirements: Potential Medical Dental or Veterinarian
Medical students (specific universities e.g. Oxford and Cambridge)

SPRING CLUB

MFL – PRIMARY SCHOOLS LINK

This project offers hands-on teaching experience in a primary school. No prior language knowledge is required, though it's beneficial if you have some, like a GCSE or a home language. Since all primary schools must teach languages, this project can give you a competitive edge.

Over two college sessions on a Wednesday afternoon in spring, we'll cover the Key Stage Two Modern Languages curriculum. If necessary, I'll teach you the language needed for short activities with the pupils.

We'll discuss and develop engaging, educational teaching ideas, which you'll deliver in the primary school. This project is especially useful for those considering a career in primary school teaching.

You must be available during Wednesday afternoon for a primary school visit in June.





CREATIVE ARTS AND VISUAL EXPRESSION



PHOTOGRAPHY

**MONDAY
CLUB**

Do you have great ideas for photographs, but they never quite turn out the way you imagined? Would you like to take more creative, eye-catching images and learn what makes a great photograph?

Over the course of this enrichment programme, you'll explore practical photography through a mix of workshops, creative challenges, discussion, and image analysis. Using just your phone camera, you'll build a portfolio of photographs covering a range of styles and genres, experimenting with both traditional and more creative approaches.

Each session introduces a new technique, concept, or theme, supported by examples from professional photographers and artists. You'll learn how photographers use composition, lighting, colour, perspective, and storytelling to create powerful and memorable images.

You'll then have a week to respond to a creative brief before bringing your work back to share with the group. Through feedback, group critiques, and discussion, you'll develop your technical skills, creativity, and confidence while learning from others.

This enrichment is suitable for all abilities and provides a positive, supportive environment in which to experiment, take risks, and develop your own photographic style. It could even help prepare you for an additional qualification.*

As the course runs across two half terms, it is important that you have a genuine interest in photography and are committed to attending regularly. During the second half of the programme, students who own a digital camera will have the option of using it, and you'll also be introduced to some basic Photoshop techniques.

*Photography Enrichment may be a useful stepping stone towards completing an EPQ in Year 13.



FRIDAY CLUB

ZINE MAKING WORKSHOP

This is an opportunity to get creative. Zines are an informal, self-published, non-commercial form of artwork in the form of a small book. They are easy and really fun to make, and the possibilities are endless. Think punk, think fanzines, think comics, think activism. You can make your zine about anything you like, and make as many as you like.



BEAD BRACELET MAKING

There is something soothing and therapeutic about making jewellery. It can help you to relax and switch off allowing you to forget your troubles. Whilst this club can help with mindfulness we invite you to unleash your inner designer make versatile, bespoke jewellery to match your style or gift to your friends.

THURSDAY CLUB



MACRAME

From basic knotted designs to beautiful outcomes that you can take home. This enrichment will teach you the basic knots and designs to create stunning macrame. Over the course you will build up skills to make either a plant hanger or wall hanging for you to take home. Macrame is an ancient craft which can be relatively simple or highly complex, so it's ideal for all levels of creativity and practical ability. All materials (and plants) included!

FIRST STITCHES

This beginner-friendly enrichment will introduce you to the basics of sewing in a relaxed and supportive environment. You'll learn essential skills such as using a sewing machine, cutting fabric, following simple patterns, and mastering basic sewing techniques. Throughout the course, you'll work towards creating your own tote bag to take home. No previous experience is needed. Just bring your enthusiasm and we'll provide the materials and guidance to help you get started.



CRAFTING FOR A CAUSE

Love crocheting, knitting, or stitching? This is your space.

This enrichment is for experienced crafters who want to work on meaningful projects in a relaxed, social setting. Each session is a chance to unwind, chat, and connect with others while doing something you enjoy. You'll create handmade items to sell at craft stalls, raising money for the Air Ambulance, so your skills will make a real difference.

All equipment is provided, and support is available for crochet if needed, but students choosing knitting or cross stitch should be confident working independently.

If you have another craft skill you'd like to bring along, you're more than welcome to join — especially if it's something that could contribute to making items to sell for charity.

**TUESDAY
CLUB**



FIRST IMPRESSIONS

Have you ever considered trying Lino Printing?

This ancient relief printmaking technique, used by artists from ancient Egypt to the Chinese Song dynasty, remains popular today for creating beautiful and captivating artworks. Lino, a soft rubber-like material, can be carved into to make unique artwork, patterns, and illustrations.

In this enrichment, you'll learn how to transfer your own imagery onto paper using the lino printing process. You'll sketch your designs, transfer them onto lino, ink them up, and print using various methods, including a wheel-driven etching press.

No prior art experience is needed – it's all about having fun and trying something new. Unleash your inner artist and give it a go!

CALLIGRAPHY

Discover the art of beautiful writing! In Calligraphy Club, you'll learn how to create elegant letters and decorative scripts, from classic styles to modern designs. Whether you're a complete beginner or already have some experience, this is a relaxing, creative space to practice your skills, try different tools and inks, and produce your own stunning pieces—like cards, quotes, and artwork to keep or share. Take time out from your day, unwind, and let your creativity flow, one stroke at a time.





CROCHET FOR BEGINNERS

Learn how to crochet, starting with the absolute basics, building up to develop some of your own projects. Learn basic stitches like slip stitch, single, double and treble crochet and some more decorative stitches. Starting with a basic granny square and building up to making blankets, hats, scarves and potentially animals!

BEGINNERS BOBBIN LACE MAKING

Want to try a different textile craft? It is weaving technique, using bobbins and thread supported on a 'Pillow'. Bobbin Lace making is a heritage craft, used to create fashion items that were desirable and very expensive.

This course brings a modern twist to an old craft. You will learn the basic methods needed to make a few small colourful motifs to embellish your clothes. Or make a 3D object or wall hanging. All equipment and materials are provided. If you want to learn a completely different and absorbing craft, this enrichment course is for you.

SHELF INDULGENCE

If you love books, stories, and all things literary, this is the club for you! Each month we'll get together to discuss a chosen book, share ideas, and explore different perspectives. On the other weeks, you can join in with creative and bookish activities—like trying your hand at creative writing, making bookmarks or decorating notebooks, swapping your favourite reads, or testing your knowledge in a literary quiz. Whether you're a passionate reader, an aspiring writer, or just looking to connect with others who love books, Shelf Indulgence is the perfect place to relax, create, and share your love of reading.





PERFORMING ARTS AND MEDIA



COLLEGE PODCAST

Be the Voice of Change and Join Our Podcast Team!

Are you passionate about making a difference? Do you love sharing your ideas and experiences? Then we want YOU to be part of our exciting new podcast. Join our dynamic team and:

- Share your unique perspective on college life, study tips, and more
- Interview inspiring guests and explore diverse topics
- Collaborate with fellow students to create engaging content
Amplify your voice and connect with a wider audience
- No prior experience necessary – just bring your enthusiasm and creativity!

Ready to make your mark and shape the future of our podcast? Don't miss out on this incredible opportunity!

If you want to join the podcast, please complete the expression of interest within the impact on the college portal or complete the application form [here](#).

Want to check out the podcast to see it for yourself?

Click the [link to listen on Soundcloud](#)



MUSIC AT KING ED'S

We welcome both music and non-music students into our busy music enrichment programme, which consists of a range of larger staff-led ensembles and smaller student-led groups. There are several concerts throughout the year at which students are expected to perform, both in college and externally. In a typical year we put on an Autumn Concert, Christmas Carol Service, Chamber Concert, Band Night and Summer Concert. Large groups are scheduled in a timetable block, so there is no need to stay behind college (other than for concerts)

LARGE STAFF-LED ENSEMBLES

Our large ensembles are active in the autumn and spring terms and participate in a range of performances up until the beginning of the summer term. Choir and all orchestras are open to all with NO AUDITION.

CHOIR (WEDNESDAY 12.35)

A large group of about 70 students, performs a wide range of music at the college's major concerts, including the annual Christmas Carol Service. We start the year with some short, easier pieces and work up to a big project for the summer. There are no auditions and no limit on numbers. While we use sheet music, you don't need to be a fluent reader—just come along and join in!

Please note – a Chamber Choir will be formed by audition later in the autumn term. Chamber Choir members sing in both choirs

WIND BAND (Friday 10.00)

All wind and brass players are welcome to join our large wind band. No auditions are needed, and there's no limit on the number of members. Come along and enjoy playing a wide range of lively music, including many well-known songs from pop and film. Recently, we have played music from Les Misérables, The Incredibles, ABBA, and Disney.

STRING ORCHESTRA (Friday 10.00)

We play a mix of mostly classical music and also accompany the choir for some pieces. Members of the String Orchestra also join the main orchestra at 10:00am. Anyone can join, but you need to be Grade 5 or higher to participate. There might be a short, informal audition to help decide your seating position.

Recently, we have played music by Grieg, Faure, Vivaldi, and "Driving Test" from How to Train Your Dragon

ORCHESTRA (Friday 11.25)

Strings, winds, and brass come together in the second half of Friday morning to play a range of classical and other repertoire. Recently, we have performed music by Tchaikovsky and Dvorak, provided orchestral accompaniment for Saint-Saens' Carnival of the Animals, and played the opening numbers from Orff's Carmina Burana.

SMALLER STUDENT-LED GROUPS

Students are encouraged to form a variety of smaller classical and rock/pop ensembles.

We typically have student bands, string quartets, wind groups, and more. Bands prepare for a Band Night in March. During the autumn term, we help students establish and regularly rehearse their bands or ensembles, which can then count as their formal enrichment in the spring term. We'll have a meeting in the first few weeks of term to organise this, accommodating student schedules. We provide two band practice rooms with equipment, but students need to bring their own guitars and leads.



DANCE AT KING ED'S

All students can audition for the college Dance Company. The company rehearses weekly to learn exciting, challenging repertoire in a variety of dance styles, which are performed to a very high standard. Through joining the Dance Company there will be plenty of opportunity for performance, both within college and beyond, including the college's annual dance show, national competitions, and local festivals.

To be considered for the Dance Company, you will need to be available on a Wednesday afternoon. If you do not have Wednesday afternoons free you can still audition and we will rearrange your timetable if you are successful. Please just inform your teacher in advance.

Please note enrolment on this enrichment is through audition only.

Auditions will be held on Wednesday 9 September 13.35–15.15 in the Dance Studio.

You do not need to prepare anything in advance. Successful squad members will be informed by Tuesday 15 September and rehearsals will begin on Wednesday 16 September.



AUDITION REQUIRED

DRAMA AT KING ED'S

Our performances take place in early December, and everyone is welcome to audition – you don't need to be a Drama student! If you love performing, we want to see you on stage.

We're also looking for creative students to get involved backstage with lighting and sound and to support everything from marketing and promotion to poster design, social media content, and more.

Rehearsals will primarily take place during F Time:

- Tuesdays and Thursdays (08.45 - 09.55)
- Wednesdays (13.35-16.00)

We aim to schedule most rehearsals during these times. However, if you are unable to make these times, please audition anyway! If successful, we will explore possible timetable adjustments where appropriate or shape the rehearsal schedule around the availability of the cast.

Additional rehearsals will take place at lunchtimes and after college, particularly as we get closer to the performances. Larger roles will require more commitment.

How to Get Involved:

- An initial briefing meeting with details about the production will be held on Wednesday 9 September at 12.35 - 13.35 in the Drama Studio in Frank Foley.
- Rehearsals for successful auditionees will begin by the end of September.



K-POP

Love K-Pop? This is a relaxed, friendly space where you can connect with others who share your interests. This club isn't just about dancing — it's a mix of activities designed to suit everyone. You can get involved in learning choreography, but also take part in more low-key sessions like chatting about your favourite groups, sharing music, or just hanging out with like-minded people.

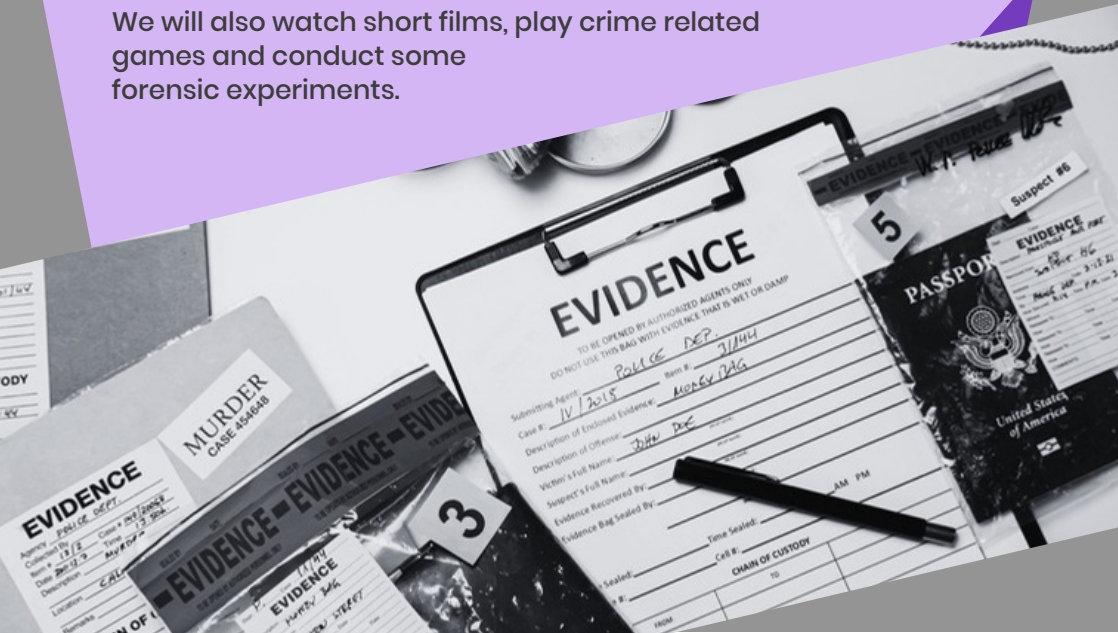
Whether you want to get stuck into dance or prefer a more relaxed, introvert-friendly environment, there's something for everyone. It's a great way to meet new people, try something new, and enjoy your love of K-Pop in your own way.

WHODUNNIT

Are you a keen watcher of crime dramas and documentaries? Do you love a murder mystery? The Criminology department are running WHODUNNIT?

An enrichment activity where you will explore fictional crime cases and aim to uncover the killer.

We will also watch short films, play crime related games and conduct some forensic experiments.



FILM CLUB

Love films and sharing your opinions?

This is a discussion-based club where you can explore films in a relaxed, social setting.

Each week, we'll focus on a different theme — from specific genres to broader topics like “films that make you cry” or “best (and worst) adaptations.” You can watch a suggested film or bring your own ideas to the discussion, so there's no pressure — just come along and get involved.

Sessions will include open discussions, debates, quizzes, and the occasional short film screening or creative activity to keep things interesting.

Whether you're a casual viewer or a real film enthusiast, this is a great space to share your thoughts, discover new films, and meet people with similar interests.

QUEER FILM

Come watch and study queer films while we talk about the history of the genre as well! We'll watch films such as *Breakfast on Pluto* (2005) and *Brokeback Mountain* (2005) while we also discuss the history of queer films throughout the years and how they came to be today.





WELLBEING AND PERSONAL GROWTH



DnD

Interested in fantasy, storytelling, and tabletop games? This is a space for students who enjoy Dungeons & Dragons or want to get involved in a campaign with others.

You'll have the chance to join or form a group, create characters, and take part in collaborative storytelling adventures led by a Dungeon Master. It's a great way to meet people with similar interests, build friendships, and develop creativity, teamwork, and imagination.

Students are encouraged to come along with a group of friends or be open to meeting new people to form a campaign.

Sessions will run on Wednesday lunchtime.

Some equipment will be available, but having access to basic DnD items (such as dice) will help make the experience even more accessible and enjoyable.

POKEMON

Whether you're a long-time fan or just getting started, Pokémon Club is a fun and welcoming space to meet others. Take part in friendly battles, trading sessions, quizzes, tournaments, and discussions about your favourite Pokémon, regions, and generations. It's a great opportunity to make new friends, share your passion, and become part of a community. No experience is needed—just bring your enthusiasm and get ready to catch 'em all!

DEAL ME IN

Enjoy card games and a bit of friendly competition? Deal Me In is a relaxed, social club where you can play a variety of card games, learn new strategies, and challenge others in a fun environment. Whether you're experienced or just getting started, you'll have the chance to play different games, develop your skills, and meet new people. Sessions are designed to be inclusive and enjoyable for everyone, with all equipment provided.

It's a great way to unwind, connect with others, and test your luck and strategy at the table.



BRICK AND BOARD

Discover Social Enrichment at Its Best!

Join us each week for a relaxed and fun session where you can enjoy board games, LEGO, and LEGO Dots. Whether you're a fan of classic games or love getting creative with building and design, there's something here for you.

It's a great way to meet others with similar interests in a friendly, welcoming environment. Share a laugh over a game, work together on a LEGO build, or simply enjoy some time away from the pressures of college life.

Perfect for making new friends, trying something different, and being part of a creative and sociable community—come along and get involved!

CHESS CLUB

Calling all strategic minds! Join our Chess Club to sharpen your skills, challenge your peers, and enjoy a relaxed but competitive atmosphere. Whether you're a total beginner or a budding grandmaster, all levels are welcome.

A great way to improve focus, patience, and problem-solving—one move at a time.



THURSDAY CLUB

Think you've got what it takes to be a quiz champion? Join our Quiz Club and put your knowledge to the test! From pop culture to science, sport to history—no topic is off limits.

Come along for some fun, friendly competition. Open to all students—no experience needed!

QUIZZARDS



YOGA

Looking to Feel More Energised and Calm?

Do you need to de-stress and find calm away from life's pressures? Then this might be just what you need.

Yoga offers tools and practices—like meditation, breath work, and movement—to help you feel more balanced, strong, and flexible, both mentally and physically.

Each session is held in a friendly, non-competitive environment where everyone is welcome. Come along to build strength, boost your energy, and find a little joy in the moment.

**TUESDAY
CLUB**

BRIDGE CLUB

Interested in strategy, teamwork, and card games?

Bridge Club is a great opportunity to learn and play one of the world's most popular trick-taking card games.

Whether you're completely new to Bridge or already know the basics, you'll develop your skills, challenge your thinking, and enjoy friendly competition in a welcoming environment.

**TUESDAY
CLUB**

**THURSDAY
CLUB**

Looking for a way to relax, de-stress and stay active?

Pilates is a low-impact exercise class focused on building strength, flexibility and balance.

Each session will guide you through simple movements and stretches designed to improve your posture, core strength and overall wellbeing. It's suitable for all abilities

— whether you're completely new or already have some experience.

Pilates is a great way to take a break from a busy college day, improve your fitness, and leave feeling calmer and more focused.

PILATES



WALKING THROUGH LIFE WITH CONFIDENCE

This empowering enrichment is designed to help you build confidence, resilience, and a strong sense of self as you prepare for life beyond college. Through a mix of discussion, journaling, mindfulness, and creative activities, you'll explore topics such as self-belief, communication, relationships, and personal growth. You'll be encouraged to step outside your comfort zone, connect with others, and develop practical tools to help you feel more confident in everyday life. The course concludes with a final presentation and a certificate to recognise your progress.

BRITISH SIGN LANGUAGE

This basic course will teach you to communicate in British Sign Language (BSL) and to learn about the Deaf Community.

You will learn how to finger spell your name and exchange information about yourself. We will also cover a range of every day topics in British Sign Language and by the end of the course to be to hold a basic conversation in BSL.

MINDFULNESS COLOURING

Take a break from the busy college day and unwind with Mindfulness Colouring. This relaxed, session is the perfect way to de-stress, reset, and enjoy some quiet time.

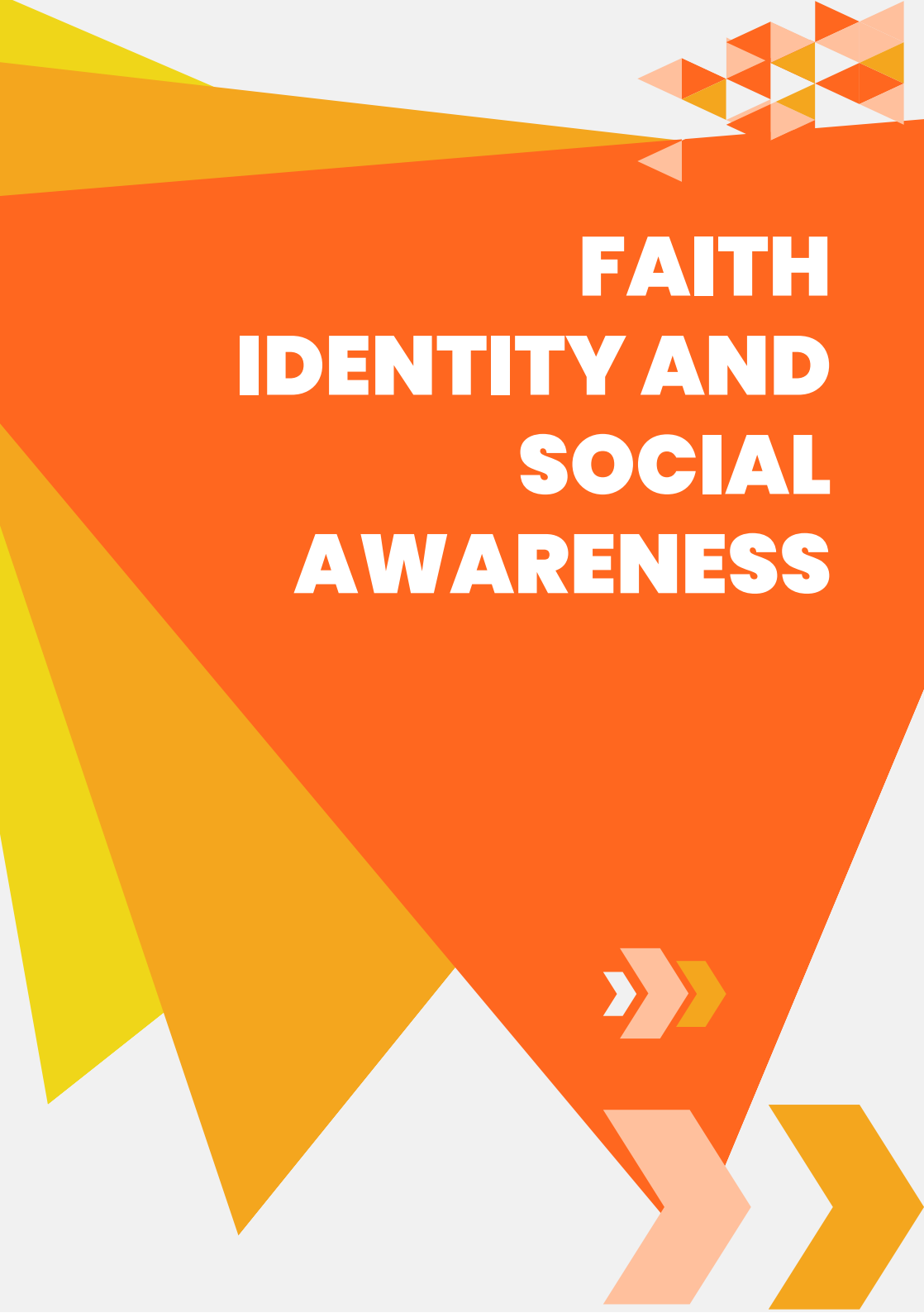
Colouring can be seen as a form of meditation.

When you meditate, your brain enters a relaxed state by focusing on the present and blocking out constant thinking.

As a result, you reach a state of calm that helps relieve your brain from its daily stresses.

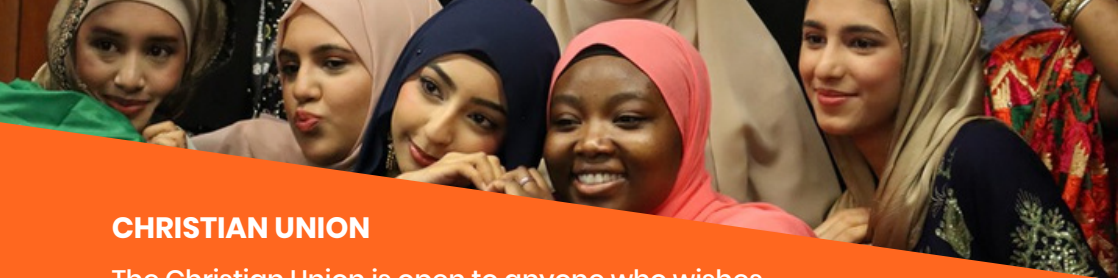
No artistic skills are needed—just a willingness to pause and recharge.





FAITH IDENTITY AND SOCIAL AWARENESS





CHRISTIAN UNION

The Christian Union is open to anyone who wishes to attend. Meeting weekly, we have a programme, which sometimes has visiting speakers who are Christians. We sometimes share in a bible study or take time to share what it means to be a Christian.

ISLAMIC SOCIETY

The Islamic society is a religious study and worship group open to anyone who is or is interested in Islam. Meetings are a mixture of talks and prayer led by students. A range of speakers present so it is a good opportunity to learn and share.

YOUTH ALPHA

Youth Alpha (part of the global Alpha course) is an interactive, eight-week program designed to help young people explore the basics of the Christian faith and the meaning of life. It creates a safe, open environment for teens to ask big questions without judgement or pressure.

The program is broken down into easily accessible sessions, typically hosted in schools, youth groups, or homes. No two Youth Alpha courses look exactly alike, but they all share three key elements:

- Food and Connection
- The Talk – an episode of the youth alpha series
- Discussion time.

**TUESDAY
CLUB**

AFRICAN CARIBBEAN SOCIETY

We aim to provide a safe space to discuss, share and celebrate diverse cultures that exist across Afro-Caribbean backgrounds. Within the group we explore the interests of our members, from music to dance to food or culture and more.

LGBTQIA+

The LGBTQIA+ group is an inclusive group for anyone who identifies with (or is an ally to) the LGBTQIA+ community, which we are defining as lesbian, gay, bisexual, transgender, intersex, asexual, non-binary, queer, or questioning. We also recognise that some may define gender and sexuality in other ways. We aim to create a friendly, vibrant, supportive, and creative group who will work together to arrange activities, events and share ideas and information with the college community.

THURSDAY CLUB

RAINBOW READS

You don't have to come out to come in!
A book group focusing on LGBTQIA+ Young Adult books. Sharing a love for reading and a safe space to discuss the themes and topics within the books.
Please email with natalie.perry@kedst.ac.uk if you want to be part of this group.

RAINBOW CAFE

Whilst this isn't an enrichment you can register for the rainbow cafe is linked to the LGBT club and meets once a month, providing a friendly space to chat, chill, and connect with like-minded LGBTQ+ students.

Enjoy good vibes, great convo,
and a welcoming community.





LEADERSHIP, VOLUNTEERING AND SOCIAL IMPACT



ENVIRONMENTAL LEADERSHIP PROGRAMME

The Environment Leadership Programme is a course run by the Leadership Skills Foundation, in collaboration with the WWF and the RSPB.

This course is for anyone with a passion for the environment, conservation, protecting our natural world and wanting to make a real difference.

It presents an exciting new opportunity, a recognised qualification worth 8 UCAS points. By participating in this program, you'll refine your leadership abilities through planning and executing a project of your choosing, aimed at improving either our local natural or urban environment.

Over a 10-week period, you'll complete a series of small assignment tasks, providing evidence of various aspects of your chosen project, whilst receiving guidance from college staff.

Achieving this qualification will demonstrate your passion for the natural world beyond your studies, highlight your organisational and leadership skills, and serve as a strong addition to any personal statement or future application.

With limited places available for only 15 students, you'll receive personalised support from college staff in the Biology department.



PRE-REGISTRATION REQUIRED

ALL
YEAR
CLUB

THE RETREAT MENTAL HEALTH CHAMPIONS

Want to be creative, share your ideas, and make a difference?

Open to our retreat users. This 16-week enrichment gives you the opportunity to become a Dudley Young Health Champion, working together to create a unique creative arts project based on what matters most to you.

You'll work with creative practitioners and your peers to explore important topics, share your voice, and produce something meaningful – from poetry and artwork to other creative pieces.

Last year's group contributed to a published poetry anthology, with their work shared in local schools and libraries.

CAKE – CONVERSATION @ KE

Conversations at King Ed's (CAKE) is the re-branded Debating Society. It is a chance to practice not only your debating skills but also your public speaking and small group speaking skills. There will be a mixture of events from external debating competitions to public speaking events.

The whole point of CAKE is to get talking and grow your confidence. Some weeks will be more formal debates while others will be informal conversations – whatever the week is we will be making sure that students at King Ed's are talking!



DUKE OF EDINBURGH – GOLD

Whilst DOE is available to our students it only counts towards your enrichment allocation in the spring term.

The DOE Gold Award is open to all students and you have until your 26th birthday to complete it. A nationally recognised award, it is highly regarded by all institutions. It comprises of five sections and you may already be doing some of the activities.

You need to undertake a skill, a physical section, some volunteering, an expedition and a residential. The choice for each section is yours. College does offer and organise an expedition for you as this is arguably the hardest and most challenging section to complete.

Doing the DOE teaches you team work, encourages participation and allows you to investigate new activities and possibilities. You will make new friends and develop many new skills but above all it should be fun. Many students go on to complete their Gold Award after leaving College whilst some complete whilst they are with us.

The choice is yours. It is a flexible program which you design to suit you!





SPORT AND PHYSICAL ACTIVITY



SPORT AT KING ED'S

If you are interested in participating in a college team sport at King Ed's, you will need complete the questionnaire sent on email from the college. This will ensure you are kept free on a Wednesday afternoon, which is when the sports teams meet and play.

COLLEGE TEAMS

King Ed's offers competitive sports teams for:

- Rugby
- Football (men's and women's)
- Golf
- Netball

All of these participate within the AoC Sports leagues in local, regional, and national leagues.

ONE-OFF REGIONAL AND NATIONAL QUALIFICATION COMPETITIONS ARE ALSO OFFERED IN:

- Basketball
- Volleyball
- Hockey
- Tennis
- Table tennis
- Badminton
- Cross country
- Swimming (ESSA regional and national champs)

All AoC competition details can be found on the AoC noticeboard in the sports entrance foyer in Henry Hickman.

WHAT IS EXPECTED OF ME IF I JOIN A COLLEGE SPORT?

- Attend Wednesday afternoon fixtures
- Purchase squad hoodies / kit
- You are expected to attend every fixture unless injury or another extenuating circumstance prevents you from doing so. Any absences must be agreed with the squad coach 48 hours prior to the fixture

SPORTS TRIALS

Sports trials for the college teams will take place on Wednesday 10 September (details below) please ensure you are free to attend these sessions as this will be the only opportunity to try out and be selected for the college teams.

Activity	9 Sept	23 Sept	Location and Timing	Staff
Men's Football	Y12 and Y13	FIXTURE	Greenfields DY8 2LQ Meet outside reception gates at 12.45, transport to return to college at 15.15	SW
Women's Football	Y12 and Y13			PS
Men's and Women's Rugby	Y12 and Y13		Stourbridge RFC Meet outside reception gates at 12.45, transport to return to college at 15.00	DK
Netball	Y12 and Y13		Crystal Leisure Centre meet at reception 13.30	KS



RECREATIONAL SPORT

The PE department is strongly geared towards promoting the enjoyment of physical activity and we provide the opportunity to participate at your own level of performance i.e., a 'turn up and play' approach. Our Resistance Suite offer you onsite access to help maintain a healthy balanced lifestyle.

Flexible use of the Crystal Leisure Centre also allows the opportunity for recreational Basketball, Badminton and 5-a-side activities on Wednesday and Thursday afternoons.

Please note if you are successfully chosen to be part of a King Ed's sport team, you are exempt from enrichment and do not need to register for any additional activities.

RESISTANCE FITNESS SUITE

Our resistance fitness suite is open to all students at different times throughout the week.

Featuring a variety of cardio equipment, free weights, resistance machines and floorspace, students are welcome to come and take advantage of the space. You will need to undertake an induction before training and the suite is only open at specific times because of Health and Safety.



**TUESDAY
CLUB**



BADMINTON

Fast-paced, fun, and a great way to stay active—Badminton is open to all skill levels, whether you're a seasoned player or picking up a racket for the first time. Come along each week to enjoy friendly games, improve your technique, and take a break from the classroom. Spaces are limited, so early sign-up is essential. All equipment provided—just bring your energy!

AN INTRODUCTION TO MARTIAL ARTS

Learn the fundamentals that will give you the awareness needed to put yourself in safe hands. Building strength, speed, coordination, and self-protection knowledge.

No previous Martial Arts or fitness experience is required. This beginner's course is designed to take individuals with no experience at all to feeling more confident, aware and able bodied.

Our Dojo (Martial Arts Studio) is a private and purpose-built room, on Stourbridge High Street. All training equipment will be provided. All students need to wear is something loose and light to exercise in. The training mats make it very safe so no footwear will be worn during training.

5-A-SIDE FOOTBALL

**THURSDAY
CLUB**

Imagine yourself playing in a lively, friendly atmosphere where you can meet new people who share your love for football. This enrichment is all about having a great time, with regular meet-ups at the Crystal Leisure Centre for casual matches, practicing your skills, and simply enjoying time on the pitch. Whether you're an experienced player or just starting out, our football community welcomes you.



BASKETBALL

Our recreational basketball enrichment is all about enjoying the game you love and meeting new people who share your passion for basketball.

Whether you're a seasoned player or just starting out, our basketball enrichment will allow you regular meet-ups at the Crystal Leisure Centre for casual games, shooting hoops, and enjoying time on the court.

PROFESSIONAL SNOOKER COACHING SESSIONS

Playing at the Stourbridge Institute on Bell Street, you'll have access to nine full-size snooker tables, including two match tables.

Throughout this 8-week course, you'll receive expert coaching from a WPBSA Professional Snooker Coach.

This course will help you learn and improve your skills and techniques. It doesn't matter if you're a beginner or already know how to play - everyone is welcome!

As you advance through the WPBSA Program, you'll see your abilities grow.



TUESDAY CLUB

INDOOR CRICKET

Whether you're an experienced player or completely new to the game, this enrichment offers a fun and accessible introduction to cricket. Sessions focus on enjoyment, participation, and skill development through a mix of coaching, small-sided games, and practical activities.

With a supportive and welcoming atmosphere, you'll have the chance to develop your confidence, improve your cricket skills, stay active, and meet new people. It's a great way to enjoy the game in a relaxed, social environment where everyone is encouraged to get involved.

TUESDAY CLUB

TABLE TENNIS

Looking for a fun and active way to spend your lunch? Table Tennis is a relaxed, social enrichment where you can play, improve your skills, and challenge others in a friendly environment. Whether you're a beginner or already experienced, come along, have a game, and enjoy some healthy competition

PICKLE BALL

Fancy trying something new? Pickleball is a fast-growing, fun sport that combines elements of tennis, badminton, and table tennis.

This enrichment takes place at the specialist Courtside facility just over the ring road, where you'll have access to professional courts, coaching, and all equipment provided. It's suitable for beginners and more experienced players alike, making it a great way to stay active, learn new skills, and enjoy a social, competitive game.





BEYOND THE ENRICHMENT WINDOW





Some opportunities don't fit within the main enrichment window—but that doesn't mean you have to miss out! This section includes clubs and activities that run during the summer term or are available exclusively to Year 13 students.

Whether you're looking to explore a new interest, prepare for life after college, or just make the most of your time here, there's still plenty to get involved in. Keep an eye out for sign-up details and announcements throughout the year!

CHEMISTRY OLYMPIAD

Take part in the leading chemistry competition for secondary students across the British Isles.

Designed to challenge and inspire, the UK Chemistry Olympiad is a unique opportunity for students to push themselves further and excel in the chemistry field.

Budding chemists will develop critical problem-solving skills, learn to think more creatively and get a chance to test their knowledge in new, real-world situations. They could even find themselves representing the UK at the prestigious International Chemistry Olympiad.

This is aimed at students likely to achieve A or A*

PHYSICS OLYMPIAD

Are you planning to study engineering or physics at university? The Physics Olympiad is perfect for you! While it's ideal if you're taking both Maths and Further Maths, even single A-level Maths students can participate. This program is designed to stretch and challenge your understanding of physics.

We'll cover advanced Year 13 material to prepare you for the two Round One papers in November. It's also great preparation for OXPAT entrance for physics and STEP Maths for Cambridge, though you don't need to be taking these exams. Dive deep into the world of physics and push your limits with the Physics Olympiad!

LNAT

Weekly Workshops will take place to help prepare for this National Admissions Test for Law (LNAT).

The LNAT is used by a small group of high-ranking universities to help them select people for their undergraduate law courses. The test doesn't test your knowledge of Law or any other subject. Instead, it helps universities assess your aptitude for the skills required to study Law.

LNAT is used in collaboration with other admissions processes such as UCAS application and academic qualifications. It is a two-part test: multiple choice questions based on passages of text, and an essay.

Any student applying to study Law at any of the following universities, will need to sit the Law National Admissions Test as well as their A levels: Oxford, Cambridge, Bristol, Durham, UCL, Kings, LSE, SOAS and Glasgow.

Please email fiona.shaw@kedst.ac.uk if you would like to be considered for this course. Please note this is only available for Y12 students in the summer term.

BIOLOGY OLYMPIAD

The British Biology Olympiad (BBO) challenges and stimulates students with an interest in biology to expand and extend their talents. It enables students to demonstrate their talent and to be suitably rewarded with publicly recognised certificates.

Students will be presented with topics and ideas which they are not familiar with, so will compete with their problem solving skills and understanding of core principles.

This is aimed at students likely to achieve A or A*





ASPIRE

King Edward's has a strong track record of helping students progress to competitive universities and high-achieving careers. The Aspire Programme is designed for highly motivated students, offering a range of activities and opportunities to challenge, support, and inspire.

WHAT ASPIRE OFFERS:

- **Specialist Timetabled Sessions** – These can take the place of enrichment and are designed to develop critical thinking skills and encourage interdisciplinary learning. Topics include revolutions, conspiracies, assumptions, and ethics, allowing students to explore ideas from different perspectives.
- **A Supportive Academic Community** – Engage with like-minded peers and connect with ex-KE students currently studying at institutions like Oxford, Cambridge, Imperial, UCL, and Edinburgh.
- **Expert UCAS Support** – Gain early and detailed guidance on applications to high-tariff universities, including support for early entry applications and visits to Oxbridge colleges, with talks from Admissions Tutors.

Aspire is designed to push boundaries, broaden perspectives, and prepare students for top-tier universities—all while allowing flexibility in how they engage with the programme.

CROATIA

2028

**COLLECTING REAL
SCIENTIFIC RESEARCH
TO INFLUENCE
CONSERVATION
PROJECTS**

**16 –18 DAYS
INCLUDING TRAVEL**

**BIODIVERSITY SURVEY TECHNIQUES
AND DIVING IN ONE OF THE MOST
BEAUTIFUL PARTS OF EUROPE**

**FULL DETAILS WILL BE
SHARED IN THE AUTUMN**



EXPLORE YOUR FUTURE WITH KING ED'S CAREERS PATHWAYS!

Why not join one of our specialised Careers Pathways and unlock a world of opportunities tailored just for you?

Interested in Business, Creative Arts, Healthcare, Law, STEM, Teaching, or alternatives to university? Our specialised Career Pathways are designed to help you explore your passion and prepare for your next steps.

Each pathway offers exclusive access to trips, guest speakers, university visits, hands-on activities, and work placements—all tailored to your chosen field.

Check your college email for sign-up info or visit our website to get started.

Choose your pathway and start your journey with King Ed's today!

The areas currently covered are:

- Alternatives to University
- Business and Finance
- Creative Arts and Media
- Education
- Engineering, Maths and Science
- Languages and Global Communications
- Law, Politics and Society
- Medicine and Healthcare
- Sports and Physical Performance
- Technology, Computing and Digital Innovation

[Register here](#) to be kept informed about all relevant pathway opportunities.

